WHAT DOES **STALKING** LOOK LIKE?

Repeated unwanted phone calls, texts, emails, direct messages, or social media contact

Hacking accounts, changing passwords, or impersonating someone online

Posting, sharing, or threatening to share intimate or private photos

Following, watching, or monitoring someone's movements

Sending unwanted gifts or letters

Showing up unexpectedly at places like work, class, the gym, home, or social spaces

Tracking someone using GPS, apps, AirTags, or hidden cameras

Harassing roommates, classmates, coworkers, family members, or friends

Spreading rumors or false information to try to manipulate or sabotage relationships or reputations

Gathering personal information through social media or by asking others

Threatening harm to the person or those close to them

Sharing private or identifying information online or in person

Invading property, such as entering a home or vehicle without permission

If you need help, please *speak with a trusted adult.*
Your Title IX Coordinator is here to provide support and resources.