CONSENT IS...

Freely given

without pressure, force, or manipulation

Reversible

with the ability to change your mind or withdraw consent at any point

Informed

so all people involved know exactly what is happening and what they are consenting to

Enthusiastic

where it is clear that all people want to participate and are comfortable with what is happening

Specific

to the individual acts each person wants to engage in. Consent to one thing is not consent to others.

The best way to know if you have consent is to ask!